

# NARAYANA COLLEGE OF NURSING

CHINTHAREDDYPALEM :: NELLORE - 524 003. A.P.

Recognized by Indian Nursing Council vide letter No. 18-916/2002/inc dated : 08.11.2002, Affiliated to NTR University of Health Sciences, A.P. Vijayawada

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## Report on Health Screening for Community Members

A Health Screening Activity was organized by Narayana College of Nursing on 29th July 2019 to promote early detection and prevention of health issues among community members. The program aimed to assess the general health status and raise awareness about the importance of preventive healthcare.

A total of 100 nursing students and 8 faculty members actively participated in conducting the screening. The services provided included:

- General health check-ups (height, weight, BMI)
- Blood pressure monitoring
- Basic health counselling on disease prevention and lifestyle modifications

The event was well-organized and successfully enhanced health awareness, reinforcing the importance of routine health check-ups for disease prevention and overall well-being.

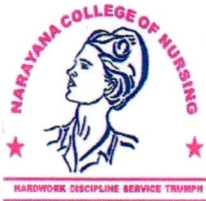


Checking BP of Community Member, Kakatur, 29/7/2019

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**Giving Basic Health Counselling by Students**

52 number of community members attended and benefited from the screenings. Participants were advised on necessary lifestyle changes and referred for further medical consultation if required.

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## Report on Hand Hygiene Awareness Campaign

A Hand Hygiene Awareness Campaign was conducted at Anganwadi centre, kakatur, 15/10/2019, by Narayana College of Nursing to educate young students on the importance of proper handwashing in preventing infections and maintaining good health.

A total of 50 nursing students and 3 faculty members participated in the event, engaging school children through interactive demonstrations and informative sessions. Key activities included:

- Demonstration of proper handwashing techniques using soap and water
- Explanation of when and why hand hygiene is essential
- Fun and engaging activities like role plays and posters to reinforce learning.

The campaign successfully created awareness among the children, encouraging them to adopt good hygiene practices in their daily lives. The school authorities appreciated the initiative, emphasizing the importance of such health education programs for young learners.

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**Demo and Return demo of handwashing Procedure, Kakatur, 15/10/2019**

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### REPORT ON WORLD BLOOD DONOR DAY - 2019

**"Theme: SAVE A LIFE, GIVE BLOOD"**

Narayana College of Nursing under NSS unit participated in awareness rally as part of "World Blood Donor Day" on June 14th in collaboration with Red Cross Society, Nellore district. Sri.M.V.SeshagiriBabu, District Collector & President, Dr.A.V.Subrahmanyam, Chairman, I.R.C.S, SPSR, Nellore, Dr.K.SubbaRao, Convener, I.R.C.S, Blood Bank, Nellore, Mrs.Kalyani, New City, Blood bank, Guntur, Mrs.KanakaDurga, Setnal CEO, I.R.C.S, Blood Bank, Nellore, Sk.GowseBasha, M.C Member, Mr.MohanLal Jain, Treasurer, Blood Bank, Nellore, Dr.A.Yeshovardhan, C.M.O, I.R.C.S, Blood Bank, Nellore and 50 NSS volunteers from Narayana College of Nursing participated in rally.

Narayana College of Nursing (60students), Government ITI Girls & Boys college(10students),R.S.R.School of Nursing (06students) and RICH College of Nursing(40students),total 176students were actively participated in rally. The rally started from Gandhi botma statue at Trunk Road to Red Cross Society Blood Bank, Nellore.

On Occasion of World Blood Donor day, the Red Cross Society Members conducted District wise Quiz and Elocution. In Quiz, total 32 (10 from Government ITI Girls & Boys college, 4 from R.S.R.School of Nursing, 7 from Narayana College of Nursing, 8 from participants were participated. Out of 32 participants, prize and Narayana College of III Year B.Sc Nursing students got 3<sup>rd</sup> prize.

In Elocution total 13 (1 from Government ITI Girls & Boys college, 1 from R.S.R.School of Nursing, 5 from Narayana College of Nursing, 3 from participants were participated. Out of 13 participants, Narayana School of Nursing students Ms.Nasrin, II GNM got 1<sup>st</sup> prize and Ms.Alphonsa Jacoby, The Chief Guest and committee members distributed mementos and certificates to the winners.

16 Students from Narayana College of Nursing were actively donated the Blood in Blood Bank at Narayana Medical College and Hospital, Nellore on 15<sup>th</sup> June 2019. This event

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serves to raise awareness of the need for safe blood and blood products, and to thank blood donors for their voluntary, life-saving gifts of blood



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Fig: students were participated in rally

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Fig: volunteers distributing dates to the blood donors

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Fig: Faculty were checking Blood pressure to the blood donors

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## REPORT ON WORLD ENVIRONMENT DAY 2019

Theme: "Beat Air Pollution"

Narayana College of Nursing was done the plantation in the Narayana campus as "WORLD ENVIRONMENT DAY" on 5-6-19 under National Service Scheme Unit.

The program inaugurated the Soakage Pit and plantation the celebration by our Nursing Dean and Principal of Narayana College of Nursing Dr. Indira.A by planting with Dr. Swamy, Deputy Vice Chancellor of Lincoln University from Malaysia, Dr.Surya Parkas Rao, Dean, Narayana Medical College, Dr. Vijay Kumar, Academic Co-ordinator, Narayana Medical Groups, Dr.Jithendra, Vice Principal, Narayana Medical College, Mr.CH.Bhaskar Reddy, AGM, NMCH, Mr.Pramod Kumar Reddy, District pollution control officer, were participated in the plantation Program.Narayana College of Nursing faculty of Mrs.B.Vanaja Kumari,Vice principal, NSS Co-ordinators,all nursing faculty and all the students of Narayana College of Nursing were done the plantation on this program.30 plants were planted around the nursing campus. The guests said few things of World environment day is a day especially celebrated to know and solve all the environmental issues. It is also known as the Environment Day, Eco Day. It is a great annual event focusing on the issues of environment and trying to solve them completely. It is being celebrated for years worldwide with lots of creative activities and enthusiasm to bring positive changes in the environment. It aims to protect the natural environment forever on the earth for the healthy possibility of life.

Program ended with distribution of snacks to the participants.

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Fig: Plantation by faculty and students

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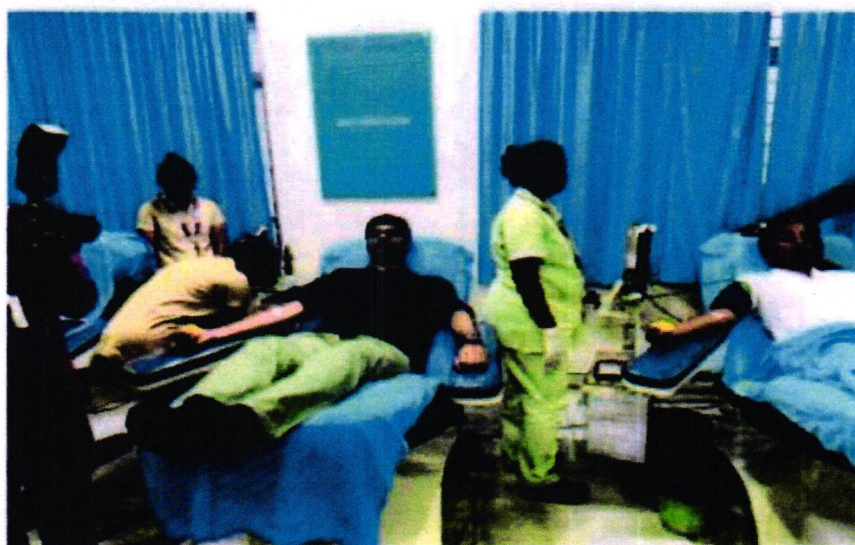
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### Blood Donation Camp- 12 October 2019.

A blood donation camp was organized by NSS Unit, Narayana College of nursing on 12th October 2019. The programme was inaugurated by honor able vice chancellor, Dr. P. Shyam Prasad garu. A team of doctors and nurses of Narayana General Hospital came for collection of blood. The event started with the inauguration by Principal, Medical Dean, faculty members, NSS Programme officer and students were present at the occasion.

The activity of blood donation was started by faculty members and students of Narayana College of Nursing & Narayana Medical College & Hospital. There was an overwhelming response from students. A total of 60 units were collected in the camp. Some of the donors who could not donate this time were assured for donation in the next camp. Refreshment was given to each donor as a token of gratitude.



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